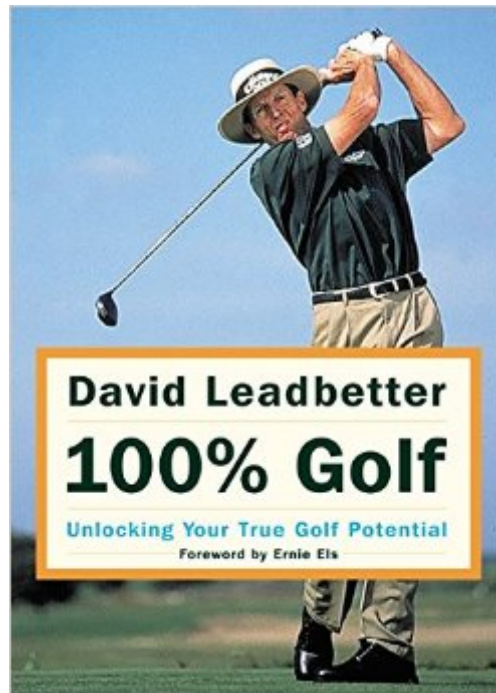


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# David Leadbetter 100% Golf: Unlocking Your True Golf Potential



## Synopsis

In his latest book, David Leadbetter, the game's greatest and most successful golf coach, presents his seminal work, a compendium of golf instruction covering every aspect of the swing and game. Drawing on a lifetime of playing and teaching the game of golf, David Leadbetter has developed the unique ability to translate very difficult swing concepts and golf fundamentals into easy-to-understand language that all levels of golfers can learn and benefit from. David Leadbetter's 100% Golf is the defining point of a lifetime's theories, teachings, tips, and drills. It covers every aspect of the swing and game in general, in the smallest detail, and is free of the excessive technical jargon associated with most instructional books. From alignment, ball position, and driving to fitness, mental toughness, and problem lies, this book contains everything the practicing golfer will ever need to know. David Leadbetter has been involved in the golf community for more than thirty years. He continues to teach the art of golf through his bestselling books and videos. Now, for the first time, he compresses all the knowledge he has gathered over the years and presents it in this one volume. Leadbetter, who came to world prominence in the late 1980s after he helped Nick Faldo dismantle and then rebuild his swing, has taught many of today's PGA Tour leaders and earned himself an unrivaled reputation as "the man" to remedy a troubled golf swing. In 1999 Golf Digest voted him the best coach of all time; few would argue.

## Book Information

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## Customer Reviews

This book is worth every penny in just the first couple of pages. Leadbetter has written a real gem. This book has the nitty gritty details of how to go out and play better golf quickly and easily. I have

bought and read about 4 golf books this year and this book is by far the best. Leadbetter has a way of explaining golf in the form of sensations. This book has a great drill that instantly allows you to feel how the swing is "supposed" to be felt. Once I had that sensation in my mind I instantly started hitting a repeatable swing for the first time. I took my wife out golfing today and explained to her that sensation of the swing and she was hitting the ball correctly for the first time. Excellent book, its a winner.

If your golf's library does not have DL's instructional videos and/or books already, this book is definitely for you. If you have, buy this book anyway, it adds to your collection, and also, gives you new thoughts on how you can best "feel" your golf swing, and thus, unlocking your true potential as a golfer, at whatever level that may be. Rather than giving us a mechanical breakdown of how a perfect swing should be like, which mere mortal like myself would never be able to groove a swing to remotely resemble the perfect swing, DL has given us thoughts on how golf swing should "feel" like, as well as how to groove the feel so as to be repeatable. For example, the thought on how to enable a "connected takeaway" to initiate the backswing has really helped me. There are hosts of others explanations and thoughts you will find useful.

I have to admit, that I think many other books written by Leadbetter are too mechanical to me. This one is different. I guess Leadbetter also has changed his reputation of being too rigid on mechanics as well. This is the book that I really enjoy reading. It is the most updated summary about modern swing and who can do that better than the world number 1 teacher himself. For those who just begin golfing, you may not fully understand what he is talking about now, but I suggest you read this book many times, until you understand what modern swing is all about.

As a golfer looking for guidance on how to improve my game this book was incredible. Leadbetter has a unique ability to breakdown the game to the finest detail in a very clear and concise way. One of my favorite things about this book are the drills it includes. We all know that practicing without a plan leads to little if no results. The drills give you a game plan. I strongly recommend buying this book together with the Practice Golf book also from Leadbetter. I was so impressed with these two books that I went on to buy a third book from Leadbetter which focuses on drills (Faults and Fixes). Having read Tiger Woods golf book recently I can tell you that Leadbetters books are much better.

Having read his other instructional books, I purchased this one thinking what else can Mr.

Leadbetter share. And share he did, from basics to advanced techniques. The photographs (frame by frame) were brilliant and the text were short and crisp - drills that you can take with you to the driving range to try. It would be nicer if he had a section on course management.

I am a big Ledbetter fan. But the truth is, his "Faults and Fixes" is a MUCH better instructional book than this one. If you value learning ALL you can about golf, then buy the book. If you are interested buying only THE best teaching tools, then get the "Faults and Fixes" book instead.

Ben Hogan's 5 Lessons is a classic must read. However, I found this book's updated approach much more relevant in understanding the fundamentals of the swing. Easy to understand and clearly illustrated.

Leadbetter's style in this book emphasizes a simplistic breakdown of the golf swing coupled with "how it should feel" descriptions which are easily understood and remembered and thus readily transportable to the range/golf course. In other words, he does not fill your head with lots of stuff to think about while you're at the range/course. Instead he provides one or two key thoughts or images which are useful to bear in mind while swinging at the range/course. More importantly, his drills which accompany the instructional breakdown, enable the reader to actually feel what one should feel during the swing. For example, feeling tension on the inside (the arch) of the back foot, at the height of the backswing, is now something that I pay attention to each time I swing and that has enabled me to add 10-20 yards to my drives. After some practice, these "feelings" become automatic and do not have to be thought about during your swing. My chief criticism is that there are too few pictures and/or diagrams to help illustrate the instructions. It is often helpful to see the same shot from many different angles. Given the lack of visuals, it is important to study the text carefully. Other than that, this is a very useful golf-swing-instructional book that unlike prior Leadbetter instructional books, dispenses with the technical discourses and boils the whole thing down to a few simple, useful thoughts and "feelings".

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